

Make Your Own TOILET PAPER



A guide from:
The Institute of Bathroom
Humor

Are the paper product shelves always empty in your store? This handy guide will show you how to take control of the supply chain situation & make your own toilet paper!

You probably have the necessary supplies lying around the house.

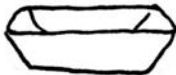
Read on, and soon you won't need to worry when you're down to your last roll.

YOU WILL NEED:

- Scrap paper: Old receipts, junk mail, rejection letters, Zines, tax documents, what's left of the U.S. Constitution, etc.

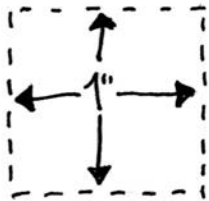


- Water
- Plastic tub or vat
- Kitchen blender
- Window screen
- Scoop or measuring cup
- Another household member.
- Bath towels
- Old bed sheet
- Rolling pin
- Scissors



TIP: The color(s) of your scrap paper will effect the color of your toilet paper.

①
Cut or rip
up scrap paper
into
1" - 1 1/2" pieces



②

Place ripped paper into plastic tub and cover with water. Allow to soak 8-10 hours or overnight.

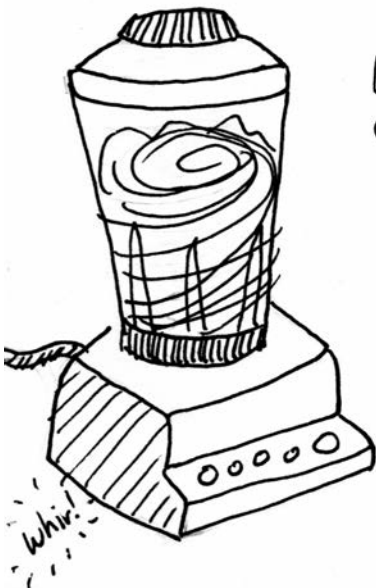


8-10 Hours



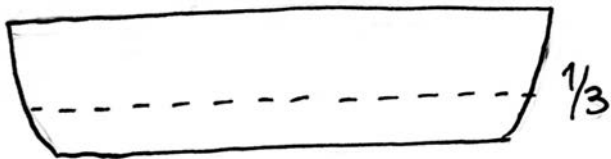
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When soaking is complete, add a hefty handfull of wet paper to the blender. Fill with water and blend until pulpy.



Tip: You may not wish to use this blender for food prep after this project.

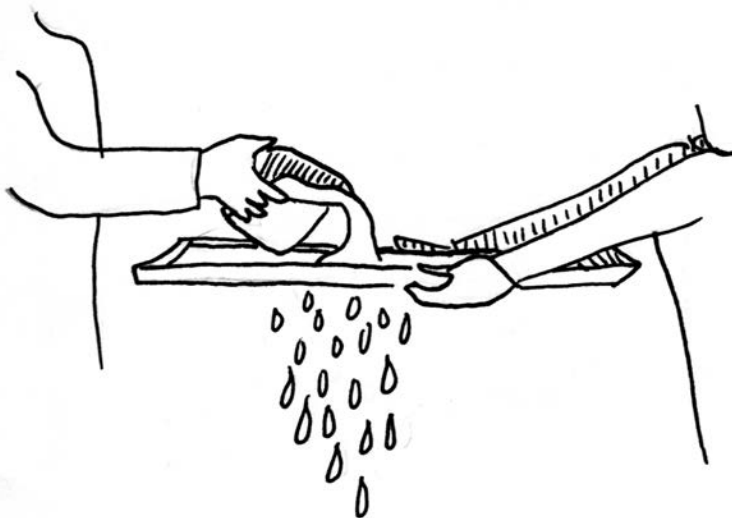
- ④ Pour pulp into plastic tub.
Repeat steps ③ and ④ until
your tub is $\frac{1}{3}$ full.



- ⑤ Add more water to tub.

Tip: Water-to-pulp ratio
will effect thickness of
resulting paper:
water > pulp = thinner
paper

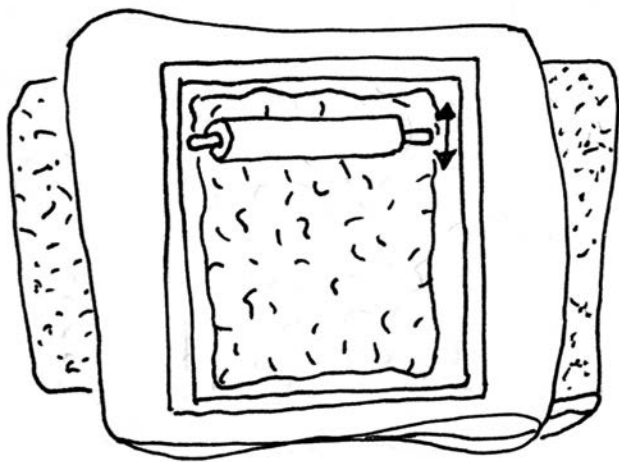
- ⑥ Layer towels and sheets with sheet (folded in quarters) on top.
- ⑦ Ask your helper to hold the screen level while you scoop pulp from the tub and pour evenly onto screen.



- ⑧ The screen-holder should shake screen lightly to encourage water to drain.

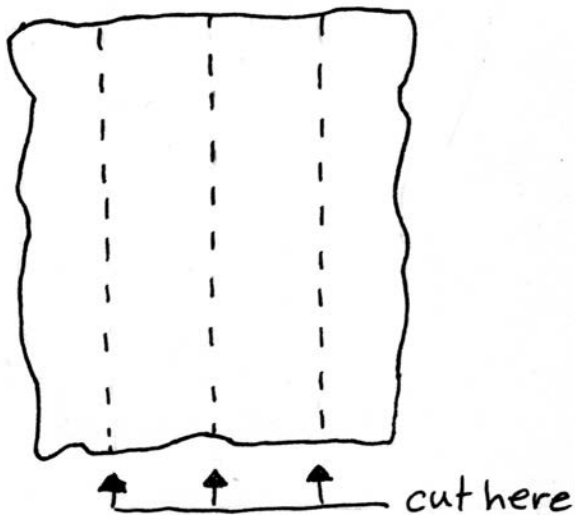


- ⑨ Place screen on layered towels and sheets. Press gently with hands or rolling pin to squeeze out more water.



- ⑩ Allow to dry, 8-10 hours, then carefully lift paper off of screen.

- ⑪ That's it! You've made your first sheet of toilet paper. Don't use it all in one poop!



Tip: Your dried paper may need to be crumpled to achieve desired softness.

This zine was created by
Nancy C. Sampson
and provided to you as FREE
entertainment.

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- BestFriends.org - care for homeless
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